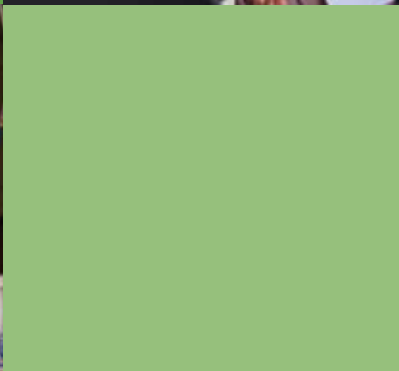
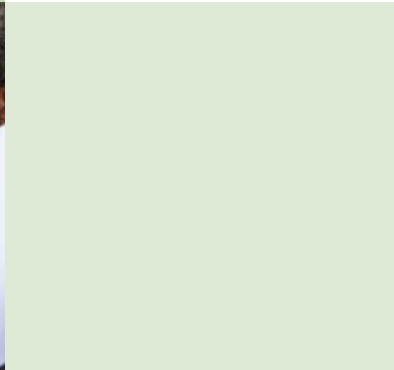
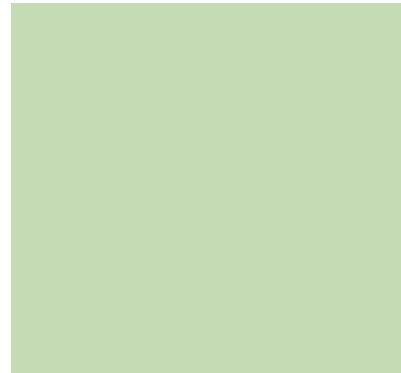
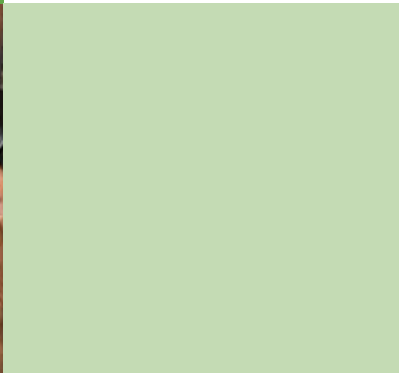


local business support

A directory of where to go for help when setting up a new business or becoming self-employed for people aged over 50



prime

50 + self-employment & enterprise

www.primebusinessclub.com

Introduction

This booklet contains details of free or low cost sources of support for new or existing businesses around the UK that **PRIME** knows. The majority will be able to help you set up in business. Some may even have a Business Adviser who specialises in helping people aged over 50. Just contact them for an appointment. Other Enterprise Agencies specialise in government schemes, such as New Deal and may only help people referred from JobCentre Plus.

Every effort has been made to keep the list up-to-date, but people do move on, telephone and emails do change, and we do not always hear about it. Please email prime@ace.org.uk or telephone **freephone 0800 783 1904** if you come across any required amendments.

PRIME's London office will be happy to provide information and assist with enquiries on **PRIME's** events & activities in your area.

What does **PRIME** do?

PRIME is a charity founded by Prince Charles which is dedicated to helping people over the age of 50 set up their own business. Particularly if you've not run a business or been self-employed before, **PRIME** can help you set off on the right foot.

Take advantage of our experience helping thousands of others take this life-changing step. Whether you are employed at the moment, unemployed or even retired, talk to us.

PRIME is the only national organisation dedicated to helping people over the age of 50 set up their own business.

We offer

- Free workshops, seminars and events
- A free mentor to help you make the right decisions
- Access to specialist advice
- A Zopa-PRIME Olderpreneur loan scheme
- Campaigning & Research

East of England

MENTA – Mid-Anglia Enterprise Agency Ltd

Web Site: www.menta.org.uk
Address: The Vision Centre, 5 Eastern Way,
Bury St Edmonds, Suffolk, IP32 7AB
Geographic Area Covered: Suffolk
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@menta.org.uk
Telephone: 01284 760 206
Contact Name: Matthew Darroch-Thompson

University of Bedfordshire – Knowledge Hub

Web Site: www.beds.ac.uk/knowledgehub
Address: Putteridge Bury Campus, Hitchin Road,
Luton, Bedfordshire, LU2 8LE
Geographic Area Covered: Luton and Bedfordshire
Cost: Most services free
Referral Criteria: Anyone in area
Email: knowledge@beds.ac.uk
Telephone: 0800 328 5334

Thurrock Local Enterprise Agency Ltd

Web Site: www.tlea.org.uk
Address: 1 New Road, Grays, Essex, RM17 6NG
Geographic Area Covered: South & West Sussex
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@tlea.org.uk
Telephone: 01375 374362
Contact Name: Graeme Loveland

Southend Enterprise Accreditation Ltd

Web Site: www.seacc.org.uk
Address: Enterprise House, 853-855 London Road,
Westcliffe-on-sea, Essex, SS0 9SZ
Geographic Area Covered: South Essex & Basildon
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: enquiries@seacc.org.uk
Telephone: 01702 470598

Business Link in the East of England – Business Link East

Web Site: www.businesslink.gov.uk/east
Address: Information and Intelligence Centre, 4
Bishops Square, Hatfield, Hertfordshire, AL10 9NE
Geographic Area Covered: Bedfordshire,
Cambridgeshire, Essex, Hertfordshire, Norfolk and
Suffolk
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: g.coultas@businesslinkeast.org.uk
Telephone: 01707 398300
Contact Name: Graham Coultas

NWES – Fenland, Norfolk & Waveney Enterprise Services

Web Site: www.nwes.org.uk
Address: Fenland Business Centre- March, Longhill
Road, March, Cambridgeshire, PE15 0BL
Geographic Area Covered: Fenland, North
Cams, March, Wishbech. Chatteris, Whittlesey,
Peterborough
Target Client Group(s): All
Cost: Most services free
Referral Criteria: Anyone in UK
Disabled Facilities: Hearing loop, Signers available
on request
Email: info@nwes.org.uk
Telephone: 01354 660 900
Contact Name: Charlotte or Sam



East of England

Norfolk Network

Web Site: www.norfolknetwork.com

Address: St Faith's House, Mountergate, Norwich, Norfolk, NR1 1PY

Geographic Area Covered: Norfolk, Waverley & Cambridgeshire

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: none

Email: bev.hurley@norfolknetwork.com

Telephone: 01603 663 340

Contact Name: Bev Hurley

NWES – Great Yarmouth, Norfolk & Waveney Enterprise Services

Web Site: www.nwes.org.uk

Address: The Novus Centre, The Conge, Great Yarmouth, Norfolk, NR30 1NA

Geographic Area Covered: Norfolk / Suffolk / Cambridgeshire / Essex

Cost: Most services free

Referral Criteria: Anyone in area

Email: gy@nwes.org.uk

Telephone: 01493 335680

Contact Name: Hannah Kane

NWES – Norwich, Norfolk & Waveney Enterprise Services

Web Site: www.nwes.org.uk

Address: Norwich Enterprise Centre, 4B Guildhall Hill, Norwich, Norfolk, NR2 1JH

Geographic Area Covered: Norfolk & Suffolk

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: Hearing Loop

Email: norwich@nwes.org.uk

Telephone: 01603 227 840

NWES – King's Lynn, Norfolk & Waveney Enterprise Services

Web Site: www.nwes.org.uk

Address: Bishops Lynn House, 18 Tuesday Market Place, Kings Lynn, Norfolk, PE30 1JW

Geographic Area Covered: Norfolk & Suffolk

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: None

Email: kl@nwes.org.uk

Telephone: 01553 666 200

Contact Name: Jackie Worrall

NWES – Henderson Business Centre, Norfolk & Waveney Enterprise Services

Web Site: www.nwes.org.uk

Address: Ivy Road, Norwich, Norfolk, NR5 8BF

Geographic Area Covered: Norfolk & Suffolk

Cost: All services free

Referral Criteria: Anyone in area

Email: helen.newson@nwes.org.uk

Telephone: 01603 251 700 / 07876 405041

Contact Name: Helen Newson

NWES – Quayside – Lowestoft

Web Site: www.nwes.org.uk

Address: North East Suffolk Business Centre, Pinbush Road, Lowestoft, Suffolk, NR33 7NQ

Geographic Area Covered: Norfolk & Suffolk

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Depends on site

Email: lep@nwes.org.uk

Telephone: 01502 501620

Contact Name: Marcelle Castle

East Midlands

Business Link East Midlands Ltd

Web Site: www.businesslinkeastmidlands.co.uk

Address: Innovation House, Riverside Park, Raynesway, Derby, Derbyshire, DE21 7BF

Geographic Area Covered: Nottingham, Derby, Northampton, Leicester, Lincoln & Rutland

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Hearing loop, Signers available on request

Email: info@businesslinkem.co.uk

Telephone: 0845 058 6644

Contact Name: David Parkin

Economic Regeneration Department

Web Site: www.lincolnshire.gov.uk

Address: Lincolnshire County Council, Beech House, Witham Park, Lincoln, Lincolnshire, LN5 7JH

Geographic Area Covered: Lincoln

Cost: Most services free

Referral Criteria: Anyone in area

Email: mick.drake@lincolnshire.gov.uk

Telephone: 01522 550555

Contact Name: Mick Drake and Steve Cargill

First Enterprise Business Agency

Web Site: www.first-enterprise.co.uk

Address: 90 Radford Road, Hyson Green, Nottingham, Nottinghamshire, NG7 5FU

Geographic Area Covered: Nottingham

Cost: All services free

Referral Criteria: Anyone in area

Email: reception@first-enterprise.co.uk

Telephone: 0115 942 3772

Nottinghamshire Business Venture

Web Site: www.nbv.co.uk

Address: Enterprise House, Shipstones Business Centre, Northgate, New Basford, Nottingham, NG7 7FN

Geographic Area Covered: Nottinghamshire

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: enquiries@nbv.co.uk

Telephone: 0115 970 5550

Contact Name: Aneka Cann



London

TNG/ Inbiz – New Barnet and Finchley

Web Site: www.inbiz.co.uk
Address: Unit 1B Berol House, 25 Ashley Road, London, N17 9LJ
Geographic Area Covered: Greater London
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: No
Email: richie.hamden@tng.uk.com
Telephone: 020 8493 1026
Contact Name: Richie Hamden

Wise Owls Employment Consultancy

Web Site: www.wiseowls.co.uk
Address: Unit 7, St Margaret's House, 15 Old Ford Road, London, E2 9PJ
Geographic Area Covered: Hackney, Newham, Lee Valley & City of London
Cost: Charge but cost subsidised
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: admin@wiseowls.co.uk
Telephone: 020 8983 9716
Contact Name: Chris Walsh

Enterprise Enfield

Web Site: www.enterpriseenfield.org
Address: Enfield Business Centre, 201 Hertford Road, Enfield, EN3 5JH
Geographic Area Covered: London borough of Enfield, Barnet & Broxbourne
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@enterpriseenfield.org
Telephone: 020 8443 5457

TNG/ Inbiz –Tottenham, Main London office

Web Site: www.inbiz.co.uk
Address: Unit 1b, Berol House, 25 Ashley Road, Tottenham, London, N17 9LJ
Geographic Area Covered: Greater London
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: tottenham@inbiz.co.uk
Telephone: 020 8493 1026

TNG/Inbiz – Abbey Wood

Web Site: www.inbiz.co.uk
Address: 4 Knee Hill, Abbey Wood, London, SE2 0YS
Geographic Area Covered: Greater London
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: tottenham@inbiz.co.uk
Telephone: 020 8493 1026

Inbiz – London Bridge

Web Site: www.inbiz.co.uk
Address: In Tuition House, 210 Borough High Street, London, SE1 1JX
Geographic Area Covered: Greater London
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: tottenham@inbiz.co.uk
Telephone: 020 8493 1026

London

TNG/Inbiz – Brixton

Web Site: www.inbiz.co.uk

Address: 29B Euro-Link Business Centre,
49 Effra Road, Brixton, London, SW2 1BZ

Geographic Area Covered: Greater London

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus

Disabled Facilities: Hearing loop

Email: tottenham@inbiz.co.uk

Telephone: 020 8493 1026

Inbiz – Ealing

Web Site: www.inbiz.co.uk

Address: Park House, 111 Uxbridge Road,
London, W5 5LB

Geographic Area Covered: Greater London

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus

Disabled Facilities: Hearing loop

Email: tottenham@inbiz.co.uk

Telephone: 020 8493 1026

GLE OneLondon Head Office

Web Site: www.gle.co.uk

Address: GLE OneLondon Head Office, New City
Court, 20 St Thomas Street, London, SE1 9RS

Geographic Area Covered: London boroughs of:
Camden, Islington, Kensington & Chelsea, Lambeth,
Southwark, Wandsworth and Westminster

Cost: Most services free

Referral Criteria: Anyone in area

Email: info@gle.co.uk

Telephone: 0800 032 0946 or 020 7403 0300

GLE OneLondon South Central

Web Site: www.one-london.com

Address: Unit 4, Hermes House, Arodene Road,
London, SW2 2JG

Geographic Area Covered: London boroughs of
Lambeth and Southwark

Cost: Most services free

Referral Criteria: Anyone in UK

Email: southcentral@gle.co.uk

Telephone: 020 8678 5450

GLE OneLondon Wandsworth

Web Site: www.gle.co.uk

Address: 1B First Floor, Yukon Road, Balham,
London, SW12 9PZ

Geographic Area Covered: Greater London

Cost: All services free

Referral Criteria: Anyone in area

Email: wandsworth@gle.co.uk

Telephone: 020 8772 0500

TNG/Inbiz – Mitcham

Web Site: www.inbiz.co.uk

Address: Justin Plaza 3, Regency Suite,
341 London Road, Mitcham, Surrey, CR4 4BE

Geographic Area Covered: Greater London

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus
Mentoring program, Networking events,
Business training

Email: tottenham@inbiz.co.uk

Telephone: 020 8493 1026



London

Business Link London

Web Site: www.businesslink.gov.uk
Address: Link House, 1st & 2nd Floor, 292-308 Southbury Road, Enfield, EN1 1TS
Geographic Area Covered: Greater London
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Yes
Email: info@bllondon.co.uk
Telephone: 0845 6000 787

Portobello Business Centre

Web Site: www.pbc.co.uk
Address: 15 Acklam Road, London, W10 5QZ
Geographic Area Covered: Central London
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@pbc.co.uk
Telephone: 020 7460 5050

Harrow in Business

Web Site: www.harrowinbusiness.com
Address: Enterprise House, 297 Pinner Road, Harrow, Middlesex, HA1 4HS
Geographic Area Covered: Harrow, Brent, Hounslow, Hillingdon & parts of West London
Cost: Charge but cost subsidised
Referral Criteria: Anyone in area
Email: info@hib.org.uk
Telephone: 020 8427 6188
Contact Name: Lynn Hiskey

East London Small Business Centre

Web Site: www.goeast.org.uk
Address: Universal House, 88-94 Wentworth Street, London, E1 7SA
Geographic Area Covered: Tower Hamlets, Newham, Redbridge, Havering, Barking & Dagenham
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Yes, signers available on request
Email: elsbc@goeast.org
Telephone: 020 7377 8821

Centa Business Services

Web Site: www.centa.co.uk
Address: 61 Birkenhead Street, Kings Cross, London, London, WC1H 8BB
Geographic Area Covered: Central London
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: N/A
Email: info@centa.co.uk
Telephone: 020 7278 5757
Contact Name: James Walsh

South West

Enterprise South Devon

Web Site: www.enterprisesouthdevon.co.uk
Address: Teignbridge Business Centre, Cavalier Road, Heathfield Industrial Estate, Newton Abbott, TQ12 6TZ
Geographic Area Covered: South Devon and Exeter
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@enterprisesouthdevon.co.uk
Telephone: 0845 644 7558
Contact Name: Jessica West

Truro and Penwith College

Web Site: www.trurocollege.ac.uk
Address: Truro and Penwith College Business Centre, Palace Building, Quay Street, Cornwall, TR1 2HE
Geographic Area Covered: Cornwall
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Hearing loop, signer available on request
Email: judithc@truro-penwith.ac.uk
Telephone: 01872 242 714
Contact Name: Judith Chard

Business Link South West

Web Site: www.businesslink.gov.uk/southwest
Address: Great Western Business centre, Emlyn Square, Swindon, Wiltshire, SN1 5BP
Geographic Area Covered: Gloucestershire, Wiltshire, Dorset
Cost: Most services free
Referral Criteria: Anyone in area
Email: enquiry@businesslinksw.co.uk
Telephone: 01275 370 896

Business Link Somerset

Web Site: www.businesslink.gov.uk/southwest
Address: Ground Floor, Agriculture House, Blackbrook Park Avenue, Blackbrook Business Park, Taunton. TA1 2FU
Cost: All services free
Referral Criteria: Anyone in area
Email: enquiries@blpeninsula.co.uk
Telephone: 0845 6009966

BRAVE

Web Site: www.brave.org.uk
Address: The Coach House, 2 Upper York Street, Bristol, Bristol, BS2 8QN
Target Client Group(s): All
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@brave.org.uk
Telephone: 0117 9445330



South West

West Devon Business Information Point

Web Site: www.bipwestdevon.biz

Address: Unit 10 Okehampton Business Centre,
Higher Stockley Mead, Okehampton, EX20 1FJ

Geographic Area Covered: West Devon

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: No

Email: team@bipwestdevon.biz

Telephone: 0800 592 872

Contact Name: Stuart Horn

Skills Quest

Web Site: www.skillsquest.org.uk

Address: Lloyds Bank Chambers, 3 Hammet Street,
Taunton, Somerset, TA1 1RZ

Cost: Most services free

Referral Criteria: Anyone in area

Email: info@skillsquest.org.uk

Telephone: 07779661108

Contact Name: Paula Longden

Business Advice Centre SW Ltd – Enterprise Plymouth Ltd

Web Site: www.epl.org.uk

Address: City Business Park, Somerset Place,
Plymouth, Devon, PL3 4BB

Geographic Area Covered: Plymouth and
surrounding area

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Specialist adviser on site

Email: danielp@epl.org.uk

Telephone: 01752 211 211

Contact Name: Dan Phillips

West Midlands

Sandwell Women's Enterprise Development Agency

Web Site: www.sweda.org.uk
Address: The Business Centre, Church Street, West Bromwich, West Midlands, B70 8RP
Geographic Area Covered: West Midlands
Cost: Most services free
Referral Criteria: Anyone in target group
Disabled Facilities: Hearing Loop available
Email: sweda@sweda.org.uk
Telephone: 0121 5252558

Birmingham Enterprise Ltd

Web Site: Do not have a website
Address: Southside Business Centre, 249 Ladypool Road, Sparkbrook, Birmingham, West Midlands, B12 8LE
Geographic Area Covered: Birmingham & Solihull
Cost: Most services free
Referral Criteria: Anyone in area
Email: enquiries@birmingham-enterprise.co.uk
Telephone: 0121 359 2221

Business Enterprise Support Ltd

Web Site: www.enterprisesupport.org
Address: Wetmore Road, Burton-Upon-Trent, Staffordshire, DE14 1SN
Geographic Area Covered: Staffordshire & Wolverhampton
Cost: All services free
Referral Criteria: Anyone in UK
Disabled Facilities: Signers available on request
Email: info@enterprisesupport.org
Telephone: 0800 458 8797

Business Link West Midlands

Web Site: www.businesslinkwm.co.uk
Address: Advantage House, 19 Ridgeway, Quinton Business Park, Birmingham, West Midlands, B32 1AL
Geographic Area Covered: West Midlands
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@businesslinkwm.co.uk
Telephone: 0845 113 1234

Business Initiative

Web Site: www.business.org.uk
Address: Commerce House, Festival Park, Etruria, Stoke-on-Trent, Staffordshire, ST1 5BE
Geographic Area Covered: North Staffordshire Boroughs
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Hearing loop, Signers available on request
Email: jill.l@business.org.uk
Telephone: 01782 202 222
Contact Name: Jill Levens

Coventry & Warwickshire Chamber of Commerce

Web Site: www.cw-chamber.co.uk
Address: Oak Tree Court, Binley Business Park, Harry Weston Road, Coventry, West Midlands, CV3 2UN
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Yes
Email: info@cw-chamber.co.uk
Telephone: 024 7665 4321



West Midlands

Balancing Business

Web Site: www.balancingbusiness.co.uk

Address: PO Box 13442, Redditch, B97 9DY

Sector Speciality: Helping Women into Business

Email: info@balancingbusiness.co.uk

Telephone: 0121 288 2466 or 0121 2882640

Institute for Innovation and Enterprise, University of Wolverhampton Telford Campus

Web Site: www.wolverhampton.ac.uk

Address: Shifnal Road, Priorslee, Telford, Shropshire,
West Midlands, TF2 9NT

Target Client Group(s): living or working
in West Midlands

Cost: Most services free

Referral Criteria: Anyone in area

Email: innovation@wbs.wlv.ac.uk

Telephone: 01952 288200

3b – Black Business in Birmingham

Web Site: www.3b.org.uk

Address: Unit 7, 3b Business Village, Alexandra
Road, Handsworth, Birmingham, West Midlands,
B21 0PD

Geographic Area Covered: Birmingham & Solihull

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: info@3b.org.uk

Telephone: 0121 523 1820

North East

Northern Pinetree Trust

Web Site: www.northermpinetreetrust.co.uk/
Address: Pinetree Centre, Durham Road, County Durham, DH3 2TD
Geographic Area Covered: Northumberland to Middlesbrough
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Specialising in people with disabilities. Hearing loops, adapted key boards, monitors for the visually impaired
Email: manager@pinetree-centre.co.uk
Telephone: 0191 492 8215

CDC Enterprise Agency Ltd – MILE House

Web Site: www.cdcbp.org.uk
Address: Bridge End, Chester-Le-Street, County Durham, DH3 3RA
Geographic Area Covered: Chester-le-Street District
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@cdcbp.org.uk
Telephone: 0191 389 2648
Contact Name: Ashley

CDC Enterprise Agency Ltd

Web Site: www.cdcbp.org.uk
Address: 7 Millennium Place, Durham City, Durham, County Durham, DH1 1WA
Geographic Area Covered: County Durham
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: info@cdcbp.org.uk
Telephone: 0191 384 5407

Women Into the Network – WIN

Web Site: www.womenintothetnetwork.co.uk
Address: c/o Centre for Entrepreneurial Learning, Durham University, Mill Hill Lane, Durham, DH1 3LB
Geographic Area Covered: North East England
Cost: Most services free
Referral Criteria: Anyone in target group
Email: info@networkingwomen.co.uk
Telephone: 0191 334 5502

Darlington Business Venture

Web Site: www.dbv-northeast.co.uk
Address: Valley House, Valley Street, Darlington, County Durham, DL1 1TJ
Geographic Area Covered: Tees Valley
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: enquiries@dbv-northeast.co.uk
Telephone: 01325 351 455

Inbiz – Newcastle

Web Site: www.inbiz.co.uk
Address: 67A Westgate Chambers, Westgate Road, Newcastle-upon-Tyne, Tyne and Wear, NE1 1SG
Geographic Area Covered: Main office Tyneside covering Ashington, North/South Shield, Gateshead
Target Client Group(s): New deal only
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Will accommodate all clients
Email: newcastle@inbiz.co.uk
Telephone: 0191 260 3133
Contact Name: Jillian Armstrong



North East

Project North East Group

Web Site: www.pne.org

Address: 7-15 Pink Lane, Newcastle-Upon-Tyne, Tyne and Wear, NE1 5DW

Geographic Area Covered: Tyne & Wear

Cost: All services free

Referral Criteria: Anyone in UK

Disabled Facilities: Signers available on request

Email: les.johnson@pne.org

Telephone: 0191 261 6009

Contact Name: Les Johnson

North East of England Business & Innovation Centre – BIC

Web Site: www.ne-bic.co.uk

Address: Enterprise Park East, Wearfield, Sunderland, Tyne & Wear, SR5 2TA

Geographic Area Covered: North East of England

Cost: All services free

Referral Criteria: Anyone in area

Email: audrey.watt@ne-bic.co.uk

Telephone: 0191 516 6200

Contact Name: Audrey Watt

Entrust, Tyne & Wear Enterprise Trust Ltd

Web Site: www.entrust.co.uk

Address: Portman House, Portland Road, Newcastle upon Tyne, Tyne and Wear, NE2 1AQ

Geographic Area Covered: Tyne & Wear

Cost: All services free

Referral Criteria: Anyone in area

Email: enquire@entrust.co.uk

Telephone: 0191 244 4000

Inbiz – Darlington

Web Site: www.inbiz.co.uk

Address: Unit 2 Northgate House, St Augustines Way Darlington, County Durham, DL1 1XA

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus

Sector Speciality: General

Disabled Facilities: Hearing loop

Email: darlington@inbiz.co.uk

Telephone: 01325 286300

Contact Name: Annette Semple

TEDCO

Web Site: www.tedco.org

Address: TEDCO Business Centre, Viking Industrial Estate, Tyne & Wear, NE32 3DT

Geographic Area Covered: Tyne & Wear

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: Hearing loop, Signers available on request

Email: enquire@tedco.org

Telephone: 0191 428 3300

Inbiz – Durham

Web Site: www.inbiz.co.uk

Address: Unit 53, Suite 2b, 77 North Road, Durham, County Durham, DH1 4SQ

Cost: All services free

Referral Criteria: Only via Jobcentre Plus

Disabled Facilities: Hearing loop

Email: durham@inbiz.co.uk or Imarrie@inbiz.co.uk

Telephone: 0191 384 4555

Contact Name: Lucretia Marrie

North East

Business Link in the North East

Web Site: www.businesslinknortheast.co.uk
Address: Spectrum 6, Spectrum Business Park, Seaham, Durham, County Durham, SR7 7TT
Geographic Area Covered: North East of England
Cost: All services free
Referral Criteria: Anyone in area
Email: enquiries@businesslinknortheast.co.uk
Telephone: 0845 600 9006

Inbiz – Sunderland

Web Site: www.inbiz.co.uk
Address: St Thomas Street Office Centre, 4 St Thomas Street, Sunderland, Tyne & Wear, SR1 1NW
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus Mentoring program, Networking events, Business training
Sector Speciality: General
Disabled Facilities: Hearing loop
Email: sunderland@inbiz.co.uk
Telephone: 0191 566 0909

InBiz – Stockton-on-Tees, Head Office

Web Site: www.inbiz.co.uk
Address: Enterprise House, 8 Yarm Road, Stockton-on-Tees, County Durham, TS18 3NA
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: stockton@inbiz.co.uk
Telephone: 01642 610 610

Owton Fens Community Association

Web Site: www.communigate.co.uk/ne/ofca2
Address: 224-6 Catcote Road, Hartlepool, County Durham, TS25 3JN
Geographic Area Covered: Hartlepool
Cost: All services free
Referral Criteria: Anyone in area
Telephone: 01429 283 187/8/9

Inbiz – Middlesbrough

Web Site: www.inbiz.co.uk
Address: Bramthorn Business Centre, Shelton Court, Thomtree, Middlesbrough, North Yorkshire, TS3 9PD
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: middlesbrough@inbiz.co.uk
Telephone: 01642 246 442

Inbiz – Hartlepool

Web Site: www.inbiz.co.uk
Address: Brougham Enterprise Centre, Brougham Terrace, Hartlepool, County Durham, TS24 8EY
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: hartlepool@inbiz.co.uk
Telephone: 01429 865 441



North West

Salford Hundred Venture

Web Site: www.shv.org.uk
Address: 33-35 Winders Way, Salford, Manchester, M6 6BU
Geographic Area Covered: Manchester & Salford
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Hearing loop
Email: anne@shv.org.uk
Telephone: 0161 742 4424
Contact Name: Anne Hepburn

West Cumbria Development Agency

Web Site: www.wcda.co.uk
Address: Moss Bay House, 40 Peart Road, Derwent Howe, Workington, CA14 3YT
Geographic Area Covered: Copeland & Allerdale
Cost: All services free
Referral Criteria: Anyone in area
Email: enquiry@wcda.co.uk
Telephone: 01900 65 656

Blackpool Enterprise

Web Site: www.blackpoolenterprise.org.uk
Address: Blackpool Enterprise Centre CIC, Unit 2 Lytham Road, Blackpool, Lancashire, FY4 1EW
Geographic Area Covered: Blackpool
Cost: All services free
Referral Criteria: Anyone in area office facilities
Email: admin@blackpoolenterprise.org.uk
Telephone: 01253 344 123
Contact Name: Tony Carr

St Helens Chamber

Web Site: www.sthelenschamber.com
Address: 7 Waterside Court, Technology Campus, St Helens, Merseyside, WA9 1UE
Cost: Most services free
Referral Criteria: Anyone in area
Email: newbusiness@sthelenschamber.com
Telephone: 01744 742096

Business Venture Group Ltd

Web Site: www.bvg.org.uk
Address: Centurion House, Leyland Business Park, Centurion Way, Faringdon, Lancashire, PR25 3GR
Geographic Area Covered: Central & North Lancashire
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: pheyworth@bvg.org.uk
Telephone: 01772 422 242
Contact Name: Paul Heyworth

Inbiz – Whitehaven

Web Site: www.inbiz.co.uk
Address: Enterprise House, 99 Main Street, Hesingham, Whitehaven, Cumbria, CA28 8QX
Target Client Group(s): All
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: chester@inbiz.co.uk
Telephone: 01244 343 790

North West

Enrich

Web Site: www.reaseheath.ac.uk
Address: Philip Leverhulme Building, Reaseheath Agricultural College, Nantwich, Cheshire, CW5 6DF
Geographic Area Covered: North West
Cost: Most services free
Referral Criteria: Anyone in area
Email: enrich@reaseheath.ac.uk
Telephone: 01270 613 195

Business Link North West

Web Site: www.businesslink.gov.uk/northwest
Address: City Office Park, Bluebell Way, Preston, Lancashire, PR2 5PZ
Geographic Area Covered: Cumbria, Lancaster, Greater Manchester, Merseyside, Warrington & Cheshire
Cost: All services free
Referral Criteria: Anyone in area
Premises Help?: Advice only
Email: info@businesslinknw.co.uk
Telephone: 01270 613 195

Furness Enterprise Ltd

Web Site: www.furnessenterprise.co.uk
Address: Waterside House, Waterside Business Park, Bridge Approach, Barrow-in-Furness, Cumbria, LA14 2HE
Geographic Area Covered: Barrow Furness, Furness area of Cumbria
Cost: All services free
Referral Criteria: Anyone in area
 Networking events, Business training
Email: info@furnessenterprise.co.uk
Telephone: 01229 820611
Contact Name: John Barker

Inbiz – Barrow

Web Site: www.inbiz.co.uk
Address: Burlington House, Michaelson Road, Barrow, Cumbria, LA14 2RJ
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Hearing loop
Email: barrow@inbiz.co.uk
Telephone: 01229 828 109

Inbiz – Chester

Web Site: www.inbiz.co.uk
Address: St Thomas' Building, Whitby Road, Elsmere Port, CH65 9UW
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Email: chester@inbiz.co.uk
Telephone: 0151 355 9451



South East

Brighton & Hove Chamber of Commerce – BHCC Ltd

Web Site: www.businessinbrighton.org.uk
Address: 21 Wilbury Grove, Hove, East Sussex, BN3 3JQ
Geographic Area Covered: Hove, Brighton & Surrounds
Cost: Most services free
Referral Criteria: Anyone in area
Disabled Facilities: Signers available on request
Email: admin@businessinbrighton.org.uk
Telephone: 01273 719097

Enterprise First

Web Site: www.enterprisefirst.co.uk
Address: 11 Wellington Street, Aldershot, Hampshire
Geographic Area Covered: Eastleigh and surrounds
Cost: Most services free
Referral Criteria: Anyone in UK
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Business Advice Service at the Thames Valley Chamber of Commerce Group

Web Site: www.welcometobusiness.co.uk
Address: 467 Malton Avenue, Slough, Berkshire SL1 4QU
Geographic Area Covered: Thames Valley and M4 Corridor
Cost: All services free
Referral Criteria: Anyone in area
Email: businessadvice@thamesvalleychamber.co.uk
Telephone: 0845 603 4013

Milton Keynes and North Bucks Chamber of Commerce

Web Site: www.mk-chamber.co.uk
Address: World Trade Centre @ The Hub, 9 Rillaton Walk, Milton Keynes, Buckinghamshire, MK9 2FZ
Cost: All services free
Referral Criteria: Anyone in UK
Disabled Facilities: Hearing loop, signers available on request
Email: enquiry@mk-chamber.co.uk
Telephone: 01908 259000

Oxfordshire Business Enterprise Ltd

Web Site: www.oxonbe.co.uk
Address: Bodicote House, Bodicote, Banbury, Oxfordshire, OX15 4AA
Geographic Area Covered: Oxford, Banbury, Bicester, Wallingford & Witney
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Available on request
Email: lynette@oxonbe.co.uk
Telephone: 01295 227082
Contact Name: Lynette Riley

Business Boffins Ltd

Web Site: www.businessboffins.com
Address: Standhill Court, Little Haseley, Oxfordshire, OX44 7LN
Geographic Area Covered: Nationwide, Internet driven Milton Keynes & South East
Target Client Group(s): Disabled Entrepreneurs, Women in business & Army personnel
Cost: Most services free
Referral Criteria: Anyone in UK
Email: russell@businessboffins.com or tracey@businessboffins.com
Telephone: 01844 278 448
Contact Name: Prof Russell Smith
Brief Description Of Organisation: Offers mentoring and education. Offering University qualification after 1 year course with a cost of £500

South East

Ten Sixty Six Enterprise

Web Site: www.1066enterprise.co.uk
Address: Summerfield Business Centre, Bohemia Road, Hastings, East Sussex, TN34 1UT
Cost: All services free
Referral Criteria: Anyone in area
Email: Sharon.Fitzhugh@1066enterprise.co.uk
Telephone: 01424 205500
Contact Name: Sharon Fitzhugh

East Brighton Business Support (ebbs)

Web Site: www.ebbsscic.co.uk
Address: Westergate Business Centre, Westergate Road, Brighton, BN42 2QN.
Geographic Area Covered: East Brighton & surrounds
Cost: All services free
Referral Criteria: Anyone in area
Email: info@ebbscic.co.uk
Telephone: 01273 296767
Contact Name: Lorraine Bell

East Kent Enterprise Gateway

Web Site: www.businesslinkkent.co.uk
Address: White Cliffs Business Park, Dover, Kent CT16 3PJ
Geographic Area Covered: East Kent
Cost: All services free
Referral Criteria: Anyone in UK
Email: dorothy.thom@businesslinkkent.co.uk
Telephone: 01304 827446/07795494781
Contact Name: Dorothy Thom

Enterprise First

Web Site: www.enterprisefirst.co.uk
Address: Town Centric, 18a St Georges Square, Gravesend, DA11 0TB
Geographic Area Covered: North & West Kent
Cost: Most services free
Referral Criteria: Anyone in UK
Email: info@enterprisefirst.co.uk
Telephone: 01474 327 118

Enterprise First – Alton

Web Site: www.enterprisefirst.co.uk
Address: Coors Brewery, Lower Turk Street, Alton, Hampshire, GU34 2PS
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Andover

Web Site: www.enterprisefirst.co.uk
Address: Business Centre, Beech Hurst, Weyhill Road, Andover, Hampshire, SP10 3AJ
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Basingstoke

Web Site: www.enterprisefirst.co.uk
Address: Deanes Building, London Road, Basingstoke, Hampshire, RG21 4AH
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Camberley

Web Site: www.enterprisefirst.co.uk
Address: Surrey Heath Borough Council, Knoll Road, Camberley, Surrey, GU15 3HD
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535



South East

Enterprise First – Dorking

Web Site: www.enterprisefirst.co.uk
Address: Biwater House, Station Approach,
Dorking, Surrey, RH4 1TZ
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Epsom

Web Site: www.enterprisefirst.co.uk
Address: Epsom & Ewell Borough Council,
Town Hall, The Parade, Epsom, Surrey, KT18 5BY
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Farnham

Web Site: www.enterprisefirst.co.uk
Address: Locality Office, South Street, Farnham,
Surrey, GU9 7RN
Cost: Most services free
Referral Criteria: Anyone in area
Premises Help? Advice only
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Fleet

Web Site: www.enterprisefirst.co.uk
Address: Civic Offices, Harlington Way, Fleet,
Hampshire, GU51 4AE
Cost: Most services free
Referral Criteria: Anyone in area
Premises Help? Advice only
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Godalming

Web Site: www.enterprisefirst.co.uk
Address: Council Offices, The Bury, Godalming,
Surrey, GU7 1HR
Cost: Most services free
Referral Criteria: Anyone in area
Premises Help? Advice only
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Aldershot, Head Office

Web Site: www.enterprisefirst.co.uk
Address: 11 Wellington Street, Aldershot,
Hampshire, GU11 1DX
Geographic Area Covered: Hampshire,
Surrey and Berkshire
Cost: Most services free
Referral Criteria: Anyone in area
Premises Help? Advice only
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Redhill

Web Site: www.enterprisefirst.co.uk
Address: The Help Shop, 26-28 Cromwell Road,
Redhill, Surrey, RH1 1RT
Cost: Most services free
Referral Criteria: Anyone in area
Premises Help? Advice only
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Enterprise First – Staines

Web Site: www.enterprisefirst.co.uk
Address: Council Offices (West Wing Entrance),
Knowle Green, Staines, Surrey, TW18 1XB
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

South East

Enterprise First – Woking

Web Site: www.enterprisefirst.co.uk
Address: 5th Floor, Hollywood House, Church Street, Woking, Surrey, GU21 6HJ
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@enterprisefirst.co.uk
Telephone: 0845 458 7535

Fredericks Foundation

Web Site: www.fredericksfoundation.org
Address: Federicks House, 39 Guilford Road, Lightwater, Surrey, GU18 5SA
Geographic Area Covered: Berkshire, Hampshire, Surrey, Sussex, Kent, Some London Boroughs.
Target Client Group(s): financially disadvantaged, unemployed, single parents, ex-offenders and disabled people of any age.
Cost: Most services free
Referral Criteria: Anyone in area
Email: mail@fredericksfoundation.net
Telephone: 01276 472 722

Enterprise Gateway Service in North Kent

Web Site: www.businesslinkkent.co.uk
Address: 34 Tower View, Kings Hill, West Malling, Kent, ME19 4UY
Cost: All services free
Referral Criteria: Anyone in area
Email: info@businesslinkkent.co.uk
Telephone: 01732 878 426

Business Link in Milton Keynes – Oxfordshire and Buckinghamshire

Web Site: www.businesslink.gov.uk/southeast
Address: Eastern By Pass, Thame, Oxfordshire, OX9 3FF
Cost: All services free
Referral Criteria: Anyone in area
Disabled Facilities: Yes
Email: info@businesslinksolutions.co.uk
Telephone: 01844 210 430
Contact Name: Julie Murdoch or Philip Wotton

Enterprise Gateway Hampshire – Business Link in the South East

Web Site: www.businesslinkhampshireiow.co.uk
Address: Wates House, Wallington Hill, Fareham, Hampshire, PO16 7BJ
Geographic Area Covered: South East
Cost: All services free
Referral Criteria: Anyone in UK
Email: info@businesslinkhampshireiow.co.uk
Telephone: 0845 458 8558

Inbiz – Portsmouth

Web Site: www.inbiz.co.uk
Address: 54 Northern Road, Cosham, Portsmouth, Hampshire, PO6 3DP
Cost: Most services free
Referral Criteria: Only via Jobcentre Plus
Disabled Facilities: Yes
Email: portsmouth@inbiz.co.uk
Telephone: 02392 201 072
Contact Name: Claire Rock

Neighbourhood Work Centre & Support Shop Ltd

Web Site: www.workcentres.com
Address: 55 The Broadway, Bracknell, Berkshire, RG12 1BB
Cost: All services free
Referral Criteria: Anyone in area
Email: enquiries@workcentres.com
Telephone: 01344 485 111
Contact Name: Colin Willman



South East

Berkshire Enterprise Gateway Service

Web Site: www.businesslinkberkshire.gov.uk/southeast

Address: Crossbow House, 40 Liverpool Road, Slough, Berkshire, SL1 4QZ

Click Postcode for Map: SL1 4QZ, UK

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Yes

Email: info@businesslinkberkshire.co.uk

Telephone: 0845 6009006

Enham

Web Site: www.enham.org.uk

Address: Enham Place, Enham Alamein, Andover, Hampshire, SP11 6JS

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: martin.meade@enham.org.uk

Telephone: 01264 345800.

Contact Name: Martin Meade

Kent Invicta Chamber of Commerce – Ashford

Web Site: www.kentinvictachamber.co.uk

Address: Ashford Business Point, Waterbrook Avenue, Sevington, Ashford, Kent, TN24 0LH

Geographic Area Covered: Ashford, Canterbury, Maidstone, Sevenoaks, Tonbridge and Tunbridge Wells

Cost: Charge but cost subsidised

Disabled Facilities: Yes

Email: info@kentinvictachamber.co.uk

Telephone: 01233 503 838

Inbiz – Brighton

Web Site: www.inbiz.co.uk

Address: Enterprise House, 83a Western Road, Hove, East Sussex, BN3 1JB

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus

Disabled Facilities: Yes

Email: brighton@inbiz.co.uk

Telephone: 01273 764 737

Inbiz – Isle of Wight

Web Site: www.inbiz.co.uk

Address: 2nd Floor Offices, 8 Grays Walk, Newport, Isle of Wight, PO30 1TD

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus

Disabled Facilities: Yes but no wheelchair access

Email: iow@inbiz.co.uk

Telephone: 01983 526 867

Business Focus Bromley, Bromley College

Web Site: www.bromley.ac.uk/Training_for_Business

Address: Rookery Lane Campus, Rookery Lane, Bromley, Kent, BR2 8HE

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: info@training-options.co.uk

Telephone: 020 8295 7070

40+ Recruitment Agency – Head Office

Web Site: www.40plusrecruitment.co.uk

Address: 37 Market Square, Bicester, Oxfordshire, OX26 6AG

Geographic Area Covered: Oxfordshire

Cost: All services free

Referral Criteria: Anyone in UK

Disabled Facilities: Signers available on request

Email: info@40plusrecruitment.co.uk

Telephone: 01869 241 254

Contact Name: Jill Barnes

Yorkshire & Humber

South Humber Business Advice Centre

Web Site: www.sohbac.co.uk

Address: Mercury House, Willoughton Drive, Foxby Lane Business Park, Gainsborough, Lincolnshire, DN21 1DY

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: enquiries@sohbac.co.uk

Telephone: 01427 619 544

Business Support & Development – BS&D Ltd

Web Site: www.b-sd.co.uk

Address: 17 Market Place, Bedale, North Yorkshire, DL8 1ED

Geographic Area Covered: Hambleton & Richmondshire

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: business.support@b-sd.co.uk

Telephone: 01677 423 737

Contact Name: John Alcock

Grimsby & Cleethorpes Area Enterprise Agency Ltd

Web Site: www.experienceenterprise.co.uk

Address: 12-14 Hainton Avenue, Grimsby, NE Lincolnshire, DN32 9BB

Geographic Area Covered: North East Lincolnshire

Cost: All services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: pharness@experienceenterprise.co.uk

Telephone: 01472 312 121

Contact Name: Pauline Harness

Hull Area Business Advice Centre (habac) – HABAC Enterprise Ltd

Web Site: www.habac.co.uk

Address: 34/38 Beverley Road, Hull, East Riding of Yorkshire, HU3 1YE

Geographic Area Covered: City of Hull & County of East Riding

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: Signers available on request

Email: ken.ormerod@habac.co.uk

Telephone: 01482 611 820

Contact Name: Ken Ormerod

Inbiz – Redcar

Web Site: www.inbiz.co.uk

Address: 14 Queen Street, Redcar, North Yorkshire, TS10 1AF

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus

Disabled Facilities: Yes

Email: redcar@inbiz.co.uk

Telephone: 01642 505 050

Business Link Yorkshire

Web Site: www.businesslink.gov.uk/yorkshire

Address: 1 Capitol Court, Capito Business Park, Dodworth, Barnsley, S75 3TZ

Cost: All services free

Referral Criteria: Anyone in area

Email: info@businesslinkyorkshire.co.uk

Telephone: 0845 6048048



Northern Ireland

The Acorn Business Centre

Web Site: www.acombusiness.co.uk
Address: 2 Riada Avenue, Garryduff Road, Ballymoney, Northern Ireland, BT53 7LH
Cost: All services free
Referral Criteria: Anyone in area
Premises Help? Office space & Work shop space available on site
Email: sarahboyle@acombusiness.co.uk
Telephone: 028 2766 6133

Antrim Enterprise Agency Ltd

Web Site: www.antrimenterprise.com
Address: 58 Greystone Road, Antrim, Northern Ireland, BT41 1JZ
Cost: Most services free
Referral Criteria: Anyone in area
Email: kerry@antrimenterprise.com
Telephone: 028 9446 7774

Arts Business Centre Ltd

Web Site: www.ardsbusiness.com
Address: Sketrick House, Jubilee Road, Newtownards, Northern Ireland, BT23 4YH
Cost: Most services free
Referral Criteria: Anyone in area
Email: karen@ardsbusiness.com
Telephone: 028 9181 9787

Armagh Business Centre Ltd

Web Site: www.abcarmagh.com
Address: 2 Loughgall Road, Armagh, Northern Ireland, BT61 7NH
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@abcarmagh.com
Telephone: 028 3752 5050

Ballymena Business Centre

Web Site: www.ballymenabusiness.co.uk
Address: 62 Fenaghy Road, Galgorm Industrial Estate, Galgorm, Ballymena, Northern Ireland, BT42 1FL
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@ballymenabusiness.co.uk
Telephone: 028 2565 8616

Banbridge District Enterprises Ltd

Web Site: www.bdelonline.com
Address: Scarva Road Industrial Estate, Scarva Road, Banbridge, Northern Ireland, BT32 3QD
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@bdelonline.com
Telephone: 028 4066 2260

Carrickfergus Enterprise Agency Ltd

Web Site: www.ceal.co.uk
Address: 8 Meadowbank Road, Carrickfergus, Northern Ireland, BT38 8YF
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@ceal.co.uk
Telephone: 028 9336 9528

Castlereagh Enterprises Ltd

Web Site: www.castlereagh.com
Address: Dundonald Enterprise Park, Enterprise Drive, Carrowreagh Road, Dundonald, County Down, BT16 1QT
Cost: Most services free
Referral Criteria: Anyone in area
Email: enterprise@castlereagh.com
Telephone: 028 9055 7557

Northern Ireland

Causeway Enterprise Agency

Web Site: www.causeway-enterprise.co.uk
Address: Loughanhill Industrial Estate, Coleraine, Northern Ireland, BT52 2NR
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@causeway-enterprise.co.uk
Telephone: 028 7035 6318
Contact Name: Debbie Mairs

Cookstown Enterprise Centre Ltd

Web Site: www.cookstownenterprise.com
Address: Derryloran Industrial Estate, Sandholes Road, Cookstown, Northern Ireland, BT80 9LU
Cost: No
Referral Criteria: Anyone in area
Email: info@cookstownenterprise.com
Telephone: 028 8676 3660

Craigavon Industrial Development Org Ltd – CIDO

Web Site: www.cido.co.uk
Address: Innovation Centre, 73 Charlestown Road, Portadown, Northern Ireland, BT63 5PP
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@cido.co.uk
Telephone: 028 3833 3393

Down Business Centre

Web Site: www.downbc.co.uk
Address: 46 Belfast Road, Downpatrick, County Down, BT30 9UP
Cost: Most services free
Referral Criteria: Anyone in area
Email: reception@downbc.co.uk
Telephone: 028 4461 6416

Dungannon Enterprise Centre Ltd

Web Site: www.dungannonenterprise.com
Address: 2 Coalisland Road, Dungannon, Northern Ireland, BT71 6JT
Cost: Most services free
Referral Criteria: Anyone in area
Services: Start up advice and advice to existing businesses, Training,
Email: info@dungannonenterprise.com
Telephone: 028 8772 3489

East Belfast Enterprise

Web Site: www.eastbelfast.org
Address: 308 Albertbridge Road, Belfast, Northern Ireland, BT5 4GX
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@eastbelfast.org
Telephone: 028 9045 5450

North West Marketing

Web Site: www.north-westmarketing.com
Address: Skeoge Industrial Estate, Beraghmore Road, Derry, Northern Ireland, BT48 8SE
Geographic Area Covered: Northern Ireland
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@north-westmarketing.com
Telephone: 028 7135 2693

Fermanagh Enterprise Ltd

Web Site: www.fermanaghenterprise.com
Address: Enniskillen Business Centre, Lackaghboy Ind Est, Tempo Rd, Enniskillen, Northern Ireland, BT74 4RL
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@fermanaghenterprise.com
Telephone: 028 6632 7348



Northern Ireland

Glenwood Enterprises Ltd

Web Site: www.glenwoodbc.com
Address: Glenwood Business Centre, Springbank
Ind Est, Poleglass, Belfast, Northern Ireland,
BT17 0QL
Cost: Most services free
Referral Criteria: Anyone in area
Email: office@glenwoodbc.com
Telephone: 028 9061 0311

Larne Enterprise Development Company Ltd

Web Site: www.ledcom.org
Address: LEDCOM Industrial Estate, Larne, County
Antrim, BT40 3AW
Geographic Area Covered: Northern Ireland
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@ledcom.org
Telephone: 028 2827 0742

Lisburn Enterprise

Web Site: www.lisburn-enterprise.co.uk
Address: Enterprise Crescent, Ballinderry Road,
Lisburn, County Antrim, BT28 2BP
Geographic Area Covered: Lisburn
Cost: Most services free
Referral Criteria: Anyone in area
Email: centre@lisburn-enterprise.co.uk
Telephone: 028 9266 1160

Mallusk Enterprise Park Ltd

Web Site: www.mallusk.org
Address: Mallusk Enterprise Park, Newtownabbey,
Northern Ireland, BT36 4GN
Geographic Area Covered: Northern Ireland
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@mallusk.org
Telephone: 028 9083 8860

North Antrim Business Agency Limited

Web Site: www.northantrimbusiness.com
Address: 61 Leyland Road, Ballycastle, County
Antrim, BT54 6EZ
Geographic Area Covered: Moyle
Cost: Most services free
Referral Criteria: Anyone in area
Email: info@moyle-enterprise.com
Telephone: 028 2076 3737

Newry and Mourne Co-operative & Enterprise Agency

Web Site: www.nmea.net
Address: WIN Business Park, Canal Quay, Newry,
County Down, BT35 6PH
Cost: Most services free
Referral Criteria: Anyone in UK
Email: info@nmea.net
Telephone: 028 3026 7011
Contact Name: Conor Patterson

North City Business Centre Ltd

Web Site: www.north-city.co.uk
Address: 2 Duncairn Gardens, Belfast, Northern
Ireland, BT15 2GG
Cost: Most services free
Referral Criteria: Anyone in area
Email: mailbox@north-city.co.uk
Telephone: 028 9074 7470

North Down Development Organisation Ltd – NDDO

Web Site: www.nddo.co.uk
Address: Enterprise House, 2-4 Balloo Avenue,
Balloo Industrial Estate, Bangor, Northern Ireland,
BT19 7QT
Cost: Most services free
Referral Criteria: Anyone in area
Email: sonja@nddo.co.uk or emma@nddo.co.uk
Telephone: 028 9127 1525
Contact Name: Sonja or Emma

Northern Ireland

Omagh Enterprise Company Ltd

Web Site: www.oecl.co.uk

Address: Great Northern Road, Omagh, County Tyrone, BT78 5LU

Geographic Area Covered: Omagh

Cost: All services free

Referral Criteria: Anyone in area

Email: info@oecl.co.uk

Telephone: 028 8224 9494

Ormeau Enterprises Ltd

Web Site: www.ormeaubusinesspark.com

Address: Ormeau Business Park, 8 Cromac Avenue, Belfast, Northern Ireland, BT7 2JA

Geographic Area Covered: South Belfast

Cost: Most services free

Referral Criteria: Anyone in area

Email: info@ormeaubusinesspark.com

Telephone: 028 9033 9906

ORTUS

Web Site: www.ortus.org

Address: Twin Spires Centre, 155 Northumberland Street, Belfast, Northern Ireland, BT13 2JF

Geographic Area Covered: Northern Ireland

Cost: Most services free

Referral Criteria: Anyone in area

Email: catherine@ortus.org

Telephone: 028 9031 1002

Roe Valley Enterprises Ltd

Web Site: www.roevalleyenterprises.com

Address: Aghanloo Industrial Estate, Aghanloo Road, Limavady, Northern Ireland, BT49 0HE

Cost: Most services free

Referral Criteria: Anyone in area

Email: info@roevalleyenterprises.co.uk

Telephone: 028 7776 5655/62323

Strabane Enterprise Agency

Web Site: www.strabaneenterprise.co.uk

Address: Orchard Road Industrial Estate, Orchard Road, Strabane, County Tyrone, BT82 9FR

Cost: Most services free

Referral Criteria: Anyone in area

Email: info@seagency.co.uk

Telephone: 028 7138 2518

Townsend Enterprise Park

Web Site: www.townsend.co.uk

Address: 28 Townsend Street, Belfast, Northern Ireland, BT13 2ES

Cost: Most services free

Referral Criteria: Anyone in area

Email: lisa.carlisle@townsend.co.uk

Telephone: 028 9043 5778

Work West Enterprise Agency

Web Site: www.workwest.co.uk

Address: 301 Glen Road, Belfast, Northern Ireland, BT11 8BU

Geographic Area Covered: West Belfast

Cost: Most services free

Referral Criteria: Anyone in area

Email: info@workwest.co.uk

Telephone: 028 9061 0826

Workspace (Draperstown) Ltd

Web Site: www.workspace.org.uk

Address: The Business Centre, Draperstown, Northern Ireland, BT45 7AG

Cost: Most services free

Referral Criteria: Anyone in area

Email: info@workspace.org.uk

Telephone: 028 7962 8113



Scotland

Scottish Enterprise

Web Site: www.scottish-enterprise.com

Address: 5 Atlantic Quay, 150 Broomielaw, Glasgow, Glasgow, G2 8LU

Geographic Area Covered: All Scotland except Highlands and Islands

Cost: Most Services are free

Referral Criteria: Anyone in area

Email: complete online email form

Telephone: 0845 607 8787 or 0141 228 2000

Business Gateway Scotland

Web Site: www.bgateway.com

Address: Local Area Offices

Geographic Area Covered: Scotland

Cost: All services free

Referral Criteria: Anyone in area

Email: info@bgateway.com

Telephone: 0845 609 6611

Inbiz – Clydebank

Web Site: www.inbiz.co.uk

Address: Unit 2 Phoenix House, 5 South Avenue, Clydebank Business Park, Clydebank, Scotland, G81 2LG

Cost: Most services free

Referral Criteria: Only via Jobcentre Plus

Email: clydebank@inbiz.co.uk

Telephone: 0141 952 7777

Falkirk Enterprise Action Trust (FEAT)

Web Site: www.feat.org.uk

Address: New House Business Park, Newhouse Road, Grangemouth, Falkirk, FK3 8LL

Cost: Most services free

Referral Criteria: Anyone in area

Disabled Facilities: Available on request

Email: info@feat.org.uk

Telephone: 01324 655 500

Highlands and Islands Enterprise

Web Site: www.hie.co.uk

Address: Cowan House, Inverness Retail and Business Park, Inverness, Scotland, IV2 7GF

Click Postcode For Map: IV2 7GF, UK

Geographic Area Covered: Highlands and Islands

Cost: All services free

Referral Criteria: Anyone in area

Email: info@hient.co.uk

Telephone: 01463 234171

Wales

PRIME CYMRU, supporting the over 50s in Wales

Web Site: www.prime-cymru.co.uk

Address: 16 Stone Street, Llandovery, Carmarthenshire, SA20 0JP

Cost: All services free

Referral Criteria: Anyone in target group

Email: enquiries@prime-cymru.co.uk

Telephone: 0800 587 4085 / 0845 6018693
or 01550 721813

PRIME's sister charity **PRIME-Cymru**, also founded by HRH The Prince of Wales, offers a similar programme to PRIME. Its web site is in both Welsh and English.



Nationwide

Women's Business Development Agency

Web Site: www.wbda.co.uk

Address: The Enterprise Centre, Coventry University Technology Park, Puma Way, Coventry, CV1 2TT

Geographic Area Covered: Nationwide
Internet based

Cost: All services free

Referral Criteria: Anyone in target group

Email: admin@wbda.co.uk

Telephone: 02476 236 111

Royal British Legion

Web Site: www.britishlegion.org.uk

Address: c/o Legion Business Advice, The Cottage, Ordnance Road, Tidworth, Wiltshire, SP9 7QD
Geographic Area Covered: Nationwide

Cost: All services free

Referral Criteria: Anyone in UK

Target group: Ex Armed Forces

Premises Help? No

Disabled Facilities: Signers available on request

Email: business@britishlegion.org.uk

Telephone: 01980 847 753

Blind Business Association Charitable Trust – BBACT

Web Site: www.bbact.org.uk

Address: 29 Quanktock Rise, Shepshed, Leicestershire, LE12 9JR

Geographic Area Covered: UK

Cost: All services free

Target Group: Registered blind or partially sighted

Disabled Facilities: Screen Reader, Talking computers, Books in Braille

Email: info@bbact.org.uk

Telephone: 0845 0450696 or 01509 561790

Prowess Ltd

Web Site: www.prowess.org.uk

Address: Lion House, 20-28 Muspole Street, Norwich, NR3 1DJ

Cost: Most services free

Target Group: Women

Email: admin@prowess.org.uk

Telephone: 01603 762 355

Everywoman

Web Site: www.everywoman.com

Address: 17 Wootton Street, London, London, SE1 8TG

Geographic Area Covered: Nationwide
– Internet based

Cost: Most services free

Target Group: Women

Email: info@everywoman.com

Telephone: 0870 746 1800

Women In Rural Enterprise, WiRE

Web Site: www.wireuk.org

Address: Harper Adams University College, Egmond, Newport, Shropshire, TF10 8NB

Geographic Area Covered: Originally East of England, Hereford & Worcester, Staffordshire, Warwickshire, Shropshire but increasingly reaching all UK

Cost: Charge but cost subsidised

Email: info@wireuk.org

Telephone: 01952 815 338

Nationwide

NFEA National Federation of Enterprise Agencies

Web Site: www.nfea.com

Address: 12 Stephenson Court, Fraser Road, Priory Business Park, Bedford, MK44 3WJ

Cost: Most services free

Email: enquiries@nfea.com

Telephone: 01234 831623

Brief Description Of Organisation: The National Federation of Enterprise Agencies (NFEA) is the membership body for Local Enterprise Agencies, and other like-minded organisations, in England.

Business Debtline, from the Money Advice Trust

Web Site: www.bdl.org.uk

Address: Tricorn House, 51 to 53 Hagley Road, Birmingham, B16 8TP

Geographic Area Covered: England and Wales, and Scotland

Cost: All services free

Telephone: 0800 197 6026

Brief Description Of Organisation: Free telephone helpline for the self-employed and small businesses with debt problems run by charity.

Action for Blind People

Web Site: www.actionforblindpeople.org.uk

Address: 14-16 Verney Road, London, London, SE16 3DZ

Cost: All services free

Premises Help? Advice and help only

Email: mark.causton@actionforblindpeople.org.uk

Telephone: 0800 915 4666



Useful Contacts

Finally don't forget Business Link is the main point of contact for free government-funded advice in England. It can provide other literature and courses, sometimes free, in most areas. Some Business Links also offer free one-to-one advice with a qualified business adviser, but this varies from place to place. Still, it's worth asking.

For other parts of the UK contact:

Business Link for England, 0845 600 9 006, www.businesslink.gov.uk

Flexible Support for Business in Wales, 03000 603000, www.business-support-wales.gov.uk

Business Gateway for Lowland Scotland, 0845 609 6611, www.bgateway.com

Highlands and Islands Enterprise, 01463 234 171, www.hie.co.uk

Invest NI for Northern Ireland, 028 9023 9090, www.investni.com

www.primebusinessclub.co.uk

As well as business information and stories of people who have gone ahead and set up their own businesses, **PRIME's** web site also has a more detailed version of this local business support directory.



PRIME's Key Corporate Partner

The PRIME Initiative

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email: prime@ace.org.uk



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16 Stone Street
Llandoverly
Carmarthenshire
SA20 0JP
Tel: **0800 587 4085**
email: enquiries@prime-cymru.co.uk

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